

humantold

Identifying Your Earliest Memories of Race and Racism

To understand how racism works, it's important to know about your racial identity and your racial identity development. This activity is centered around understanding your early memories of your racial identity.

Think back to the earliest time you realized you had a racial identity. It's okay if you don't remember all the exact details. Describe as much as you can about that experience here.

What did this experience teach you to think about your own race? Write about those *thoughts* here.

Thinking about this earliest time you realized you had a racial identity, write about the *feelings* you have as you remember this experience here.
