

# humantold

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## **Gender + Race = My Intersecting Identities of Privilege and Oppression**

This exercise explores your differing identities as related to gender and race.

Write a little about how you think your gender intersects with your race.

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How do you think others perceive your gender intersecting with your race?

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How do you think you perceive the gender of others intersecting with their race?

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As you work to use your racial privilege as a White person to reduce racism or as you work as a person of color to reduce racism you experience in the world around you, what experiences, knowledge, or understandings do you need to keep in mind in terms of your gender intersecting with your race?

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Adapted from: *The Racial Healing Handbook: Practice Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing* by Anneliese A. Singh