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## Applying for MHC-Limited Permit in NYS

Applying for your mental health counseling limited permit can be a confusing process. This guide hopefully can provide some additional detail to help.

- 1. Your main source for information/forms is the <u>NYS Office of the Professions</u>
  - Familiarize yourself with the <u>requirements for licensure</u> and <u>FAQs</u>
- 2. Refer to the <u>Checklist</u> which will show you the forms needed to fully submit for your Limited Permit (check the descriptions on the website for additional details)
  - Form 1 Application for Licensure
  - Form 2 Certification of Professional Education
  - Form 2INT Certification of Supervised Internship and Practicum
  - Form 5 Application for Limited Permit
  - Form 5CS Certification of Supervisor for Limited Permit
- 3. Contact your school to inform them that you are applying for your limited permit and for them to send your transcript and information to the NYS office.
- 4. Keep on top of all the documents your supervisor, school and you need to send in for the limited permit. **Your hours only begin accumulating from the day the permit is issued.**
- 5. Refer to the website to ensure everything is correct and complete. To check the status with the NYS Office here is their <u>contact information</u>.
  - **Phone**: 518-474-3817, Press 1 then ext. 570 or there is an <u>electronic form</u> for questions and updates.

## **After Receiving Limited Permit**

- Keep documentation together.
- Keep track of hours.
- Take the National Clinical Mental Health Counselor Exam (NCMHCE).
  - <u>NBCC website</u> for information, some preparation material, and registration (check handbook for details).
    - The registration site is <u>ProCounselor</u>. Once approved you can schedule an exam date with PearsonVUE.
  - You can use this site for preparation <u>Counselingexam.com</u>.
  - After passing the exam make sure you instruct NBCC to send the examination score verification to the NYS office.
    - If you give yourself at least 4 weeks time before your hours are complete and begin submitting for your full license the cost will be cheaper. There is a 2 day more expensive option.
- Familiarize yourself with the forms needed for completing your licensure.
  - <u>Checklist</u>: Usually Form 4 & Form 4B if applying in the same jurisdiction.